

Technology & Skills Training (TaST) Classes & Career Development Center (CDC) Workshops are interactive Zoom presentations and topics intended to enhance life and job readiness skills.

These are Online Presentations. (Each are 1 hour long unless otherwise noted.) Page 1 of 2

3	4	5	6	7
	9:30 am AKCIS-I Staff Training 3:00 pm – 5:00 pm Work Services Orientation		2:00 pm Alison Vocational Ed Training (Job Seekers)	10:00 am Intro to Online Learning
10	11	12	13	14
10:00 am Dealing with Difficult People: Useful Strategies 3:00 pm Dealing with Difficult People: Useful Strategies	9:30 am AKCIS-I Job Seeker Training 10:45 am – 12:45 pm Work Services Orientation	10:00 am Essential Skills for the Workplace 3:00 pm Essential Skills for the Workplace	2:00 pm Alison Vocational Ed Training (Job Seekers)	10:00 am Intro to Online Learning
17	18	19	20	21
	9:30 am AKCIS-II Staff Training 3:00 pm – 5:00 pm Work Services Orientation	10:00 am Positive & Negative Coping Skills for Covid-19 and Beyond 3:00 pm Positive & Negative Coping Skills for Covid-19 and Beyond	2:00 pm Alison Vocational Ed Training (Job Seekers)	10:00 am Intro to Online Learning
24	25	26	27	28
10:00 am How to Cope with Depression and Grief 3:00 pm How to Cope with Depression and Grief	9:30 am AKCIS-II Job Seeker Training 10:45 am – 12:45 pm Work Services Orientation	10:00 am How to Manage Emotions in a World Full of Emotional Rollercoasters 3:00 pm How to Manage Emotions in a World Full of Emotional Rollercoasters	2:00 pm Alison Vocational Ed Training (Job Seekers)	10:00 am Intro to Online Learning
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Course Title / Zoom Link	Instructors
Intro to Online Learning https://meet.google.com/lookup/ghg4ofyozk?authuser=1&hs=179	Magane Tamandja
Alaska Career Information System (AKCIS-I & AKCIS-II) for Staff Only https://us02web.zoom.us/j/84304693618?pwd=Q05Vejd2SnBNNUJlcmgrSFdPSG1UUT09 Meeting ID: 843 0469 3618 Passcode: 257325	Luis Martinez
Alaska Career Information System (AKCIS-I & AKCIS-II) for Job Seekers https://us02web.zoom.us/j/83899866374?pwd=a2MwL0pXaC9iRTJ3NXZBKzB1eVpmQT09 Meeting ID: 838 9986 6374 Passcode: 231131	Luis Martinez
Alison Vocational Ed Training for Job Seekers / Staff (Apr 8 & 22) (Staff: Apr 15 & 29) https://us02web.zoom.us/j/2523996795?pwd=cHZKZUVUTHB2RkVBam16YWxvMXFpdz09 Meeting ID: 252 399 6795 Passcode: 6azIOH	Steve Miller
Work Services Orientation https://us02web.zoom.us/j/2523996795?pwd=cHZKZUVUTHB2RkVBam16YWxvMXFpdz09 Meeting ID: 252 399 6795 Passcode: 6azIOH	James Harris / Steve Miller
Dealing with Difficult People: Useful Strategies https://zoom.us/j/91987502318?pwd=TGppTWwhObWJjb24wcDJHS0ImR3NmUT09 Meeting ID: 919 8750 2318 Passcode: vyLh5m	Laura Ford
Essential Skills for the Workplace https://zoom.us/j/98050843236?pwd=KzNra0pWNUFPYllpWWY4SkJXRzhXdz09 Meeting ID: 980 5084 3236 Passcode: Hg67Vz	Laura Ford
Positive & Negative Coping Skills for Covid-19 and Beyond https://zoom.us/j/97827491908?pwd=Qjh3aGx6WG43clNqblZkQStXRDFldz09 Meeting ID: 978 2749 1908 Passcode: PEGg78	Laura Ford
How to Cope with Depression & Grief https://zoom.us/j/97647048382?pwd=RkFVejJFUnBuRzRPUWN0UGxUREo2dz09 Meeting ID: 976 4704 8382 Passcode: hdj5Py	Laura Ford
How to Manage Emotions in a World Full of Emotional Rollercoasters https://zoom.us/j/96721453218?pwd=bjNJaERJaW9MbC93Ujl3Y3BZdWhzdz09 Meeting ID: 967 2145 3218 Passcode: 7T3N1w	Laura Ford